

Senior & Adult Programs

Hallandale Beach Cultural Community Center | 410 Southeast 3rd Street

AEROBICS

(H2U Membership Required)

Mondays & Wednesdays at 10am

AQUA EXERCISE

(H2U Membership Required | Held at B.F. James Pool - 777 NW 1st. Ave.)

Mondays & Wednesdays at 10-11am

MAH JONGG, BOARD GAMES & CARDS

(Memorial Seniors Membership Required)

Mondays & Tuesdays from 12pm to 4pm

LINE DANCE

(H2U Membership Required)

Mondays from 11am to 12pm

Thursdays from 11am to 12:30pm

BRIDGE

(Memorial Seniors Membership Required)

Wednesdays from 12pm to 3pm

ZUMBA

(H2U Membership Required)

Fridays & Saturdays from 10am to 11am



FOR MORE INFORMATION:

Parks & Recreation Department: (954) 457-1452
Memorial Senior Partners Program: (954) 924-2954
Aventura Hospital H2U Program: (305) 682-7391

